Twinning for Promoting Excellence, Ability and Knowledge to develop advanced waste gasification Solutions

Project No: 951308

TwinPeaks

Summer school 1 training material

WP 4 – Task 4.2 / D 4.1

May 2022

LITHUANIAN ENERGY INSTITUTE http://www.lei.lt

VYTAUTAS MAGNUS UNIVERSITY M C M X X I I

WIP RENEWABLE ENERGIES

CHALMERS

Technical University of Munich

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TWIN-PEAKS website: www.twin-peaks-h2020.com

Contents

Abbreviations

CTH	Chalmers University of Technology
D	Deliverable
LEI	Lithuanian Energy Institute
TUM	Technical University of Munich
VMU	Vytautas Magnus University
WP	Work package
WtE	Waste to energy

1 Introduction

The overall objective of the TWIN-PEAKS project is to establish a research and innovation collaboration between LEI, VMU, TUM, CTH and WIP to raise the scientific excellence, capacities and international reputation of LEI and VMU in advanced waste gasification. That imposes the need to widen the network, transfer scientific and soft-skill knowledge and know-how between the TWIN-PEAKS project partners, as well as involving the high-level professionals from outside the project, and tackle gender equality issues etc. Summer schools are one of a list of the good platforms for doing so.

2 Task 4.2 - Summer schools

Task 4.2 aims at targeting PhD students and early-stage researchers to take participation in summer schools. The task has planned to be started in M12 and will be ongoing until M33.

The first summer school was planned to be hosted by VMU in M18 and the second one by LEI in M30. However, this task started a bit earlier in M10 19-23 July. The first summer school has already taken place on M10 at VMU (July 2021). The first summer school focused on the following topic:

- Topic summer school 1: @VMU – High-quality research preparation and results dissemination

The summer school was announced and promoted in advance. Below, it can be seen the main page of invitation:

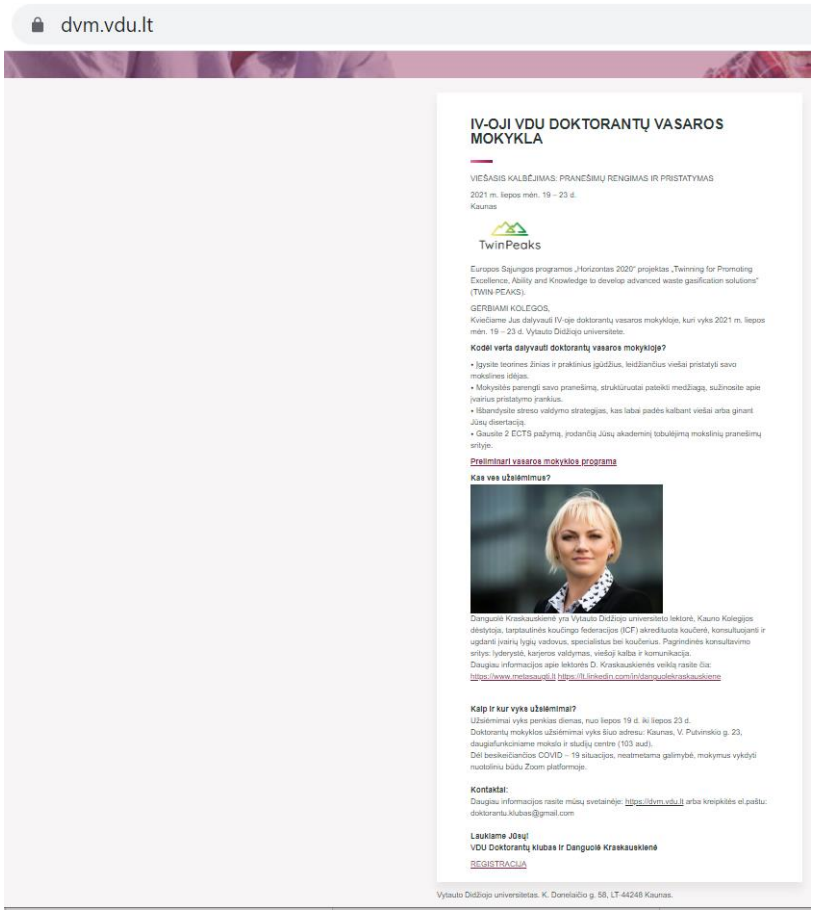


Figure 1.1: Invitation in Lithuanian

The channels for promoting the summer school were VMU web page, doctoral club of VMU, VMU FB and word-of-mouth. That is one of the reasons why summer school succeeded to attract various presenters (senior researchers/professors from the TWIN-PEAKS consortium among them) and more than 50 PhD students and early-stage researchers. Also, certificates of the attendance were issued to all the participants.

2.1 Summer school content

The main topic of High-quality research preparation and results dissemination was broken into subtopics. The subtopics to reveal the main topic were following:

- Oral presentation of research work:
  - Principles of persuasive speech
  - Body language
  - Structure and algorithm of a presentation
  - Structure of answering to the questions, justification of opinion
  - Powerful speaking: how to speak to be heard: practical insights
  - Charisma and self-confidence
  - Stage fright
- Scientific publication writing and high-quality research presentation: practical insights:
  - Scientific publication writing and high-quality research presentation
  - Key competencies for scientific practice: Successful scientific presentations
  - Power of visualization
  - How to deal with challenging questions related to and not related to the topic of a research
- Time-management and self-organisation for researchers:
  - Time management in preparing a research and presentation of results
  - Time management strategies and practices
  - Self-motivation toward long-run goals, self-discipline
- Gender equality: gender subculturing and style dignity

The subtopics were followed by the practice that were performed both individually and in groups. The presentations and practices were taught by high level professionals D. Kraskauskienė, dr. A. Tamošiūnas, S. Bastek, prof. G. Mažeikis, A. Vilutytė, dr. A. Pažėraitė. The Twin-Peaks project was presented giving oral presentation and using rollup.

Figure 1.2: Twin-Peaks representation

Figure 1.3: Aldona Vilutytė

The agenda of the summer school is provided in the appendixes (in Lithuanian). The freely available material that was prepared in slides format is provided in the appendixes as well. Other material was provided only for personal use.

2.2 Summer school participants

The project KPIs are set following: each summer school will host up to 24 participants. It is a huge success as the set target was exceeded more than twice. The summer school attracted 51 PhD students (the list is provided in the appendixes).

Figure 1.4: Participants of the first Twin-Peaks summer school at VMU (July 2021)

Below, it can be seen the gender distribution of participants compared to other Twin-Peaks activities.

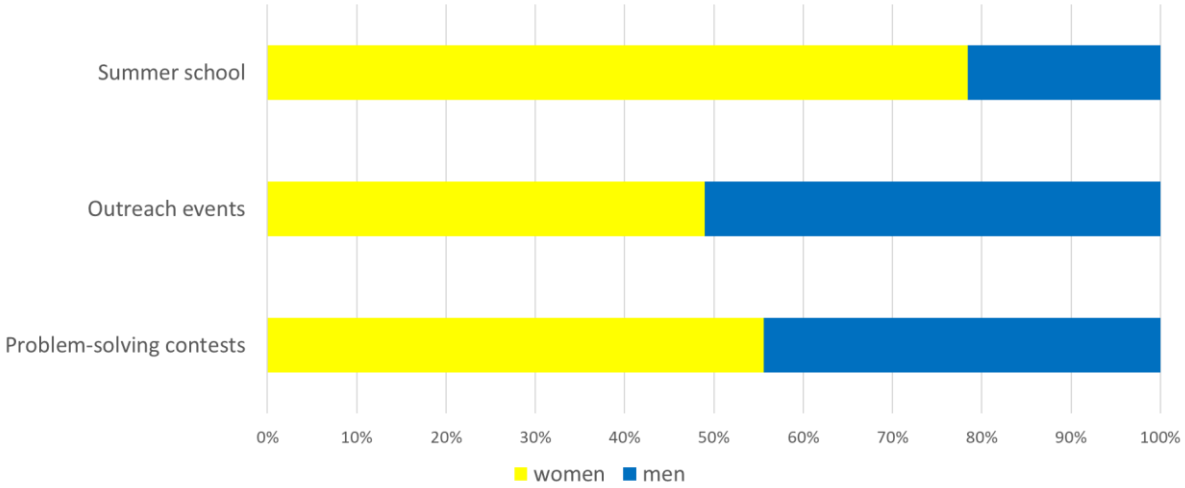


Figure 1.5: Gender spread among activities

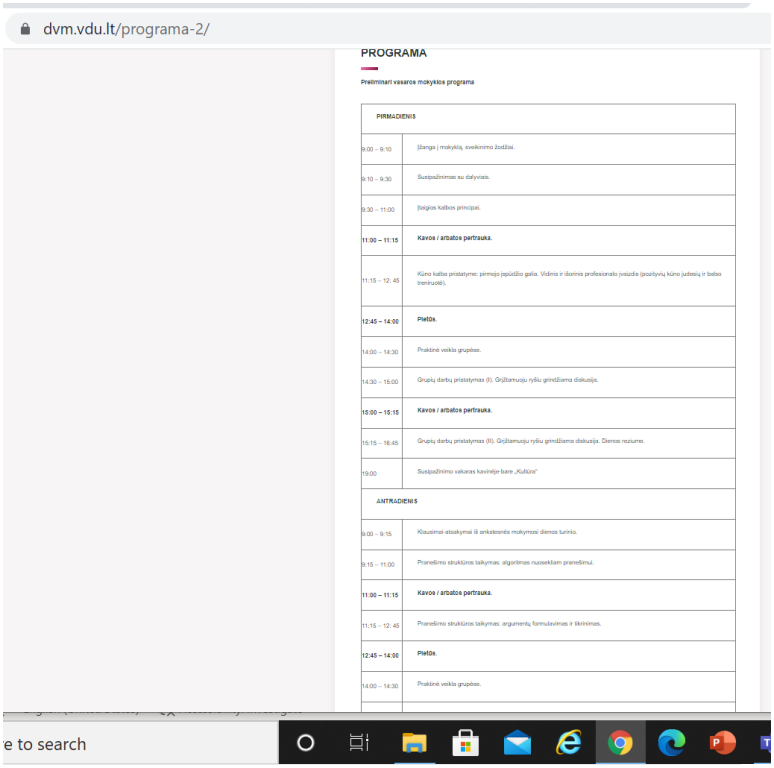
After the participation in the summer school all the participants received certificates.

Figure 1.5: Certificate of attendance of the first Twin-Peaks summer school

Summer school activities were accompanied by informal social networking that was also supported by the Twin-Peaks project.

Appendixes

A Agenda of the first summer school M10 at VMU.


dvm.vdu.lt/programa-2/

PROGRAMA

Preliminari vasaros mokyklos programa

PIRMADIENIS	
9:00 – 9:10	Įžanga į mokyklą, sveikinimo žodžiai.
9:10 – 9:30	Susipažinimas su dalyviais.
9:30 – 11:00	Įvaigios kalbos principai.
11:00 – 11:15	Kavos / arbatos pertrauka.
11:15 – 12: 45	Kūno kalba pristatyme: pirmojo įspūdžio galia. Vidinis ir išorinis profesionalo įvaizdis (pozityvių kūno judesių ir balso treniruotė).
12:45 – 14:00	Pietūs.
14:00 – 14:30	Praktinė veikla grupėse.
14:30 – 15:00	Grupių darbų pristatymas (I). Grįžtamuoju ryšiu grindžiama diskusija.
15:00 – 15:15	Kavos / arbatos pertrauka.
15:15 – 16:45	Grupių darbų pristatymas (II). Grįžtamuoju ryšiu grindžiama diskusija. Dienos rezume.
19:00	Susipažinimo vakaras kavinėje-bare „Kultūra"
ANTRADIENIS	
9:00 – 9:15	Klausimai-atsakymai iš anketavės mokymosi dienos turinio.
9:15 – 11:00	Pranešimo struktūros taikymas: algoritmas nuosekliam pranešimui.
11:00 – 11:15	Kavos / arbatos pertrauka.
11:15 – 12: 45	Pranešimo struktūros taikymas: argumentų formulavimas ir tikrinimas.
12:45 – 14:00	Pietūs.
14:00 – 14:30	Praktinė veikla grupėse.

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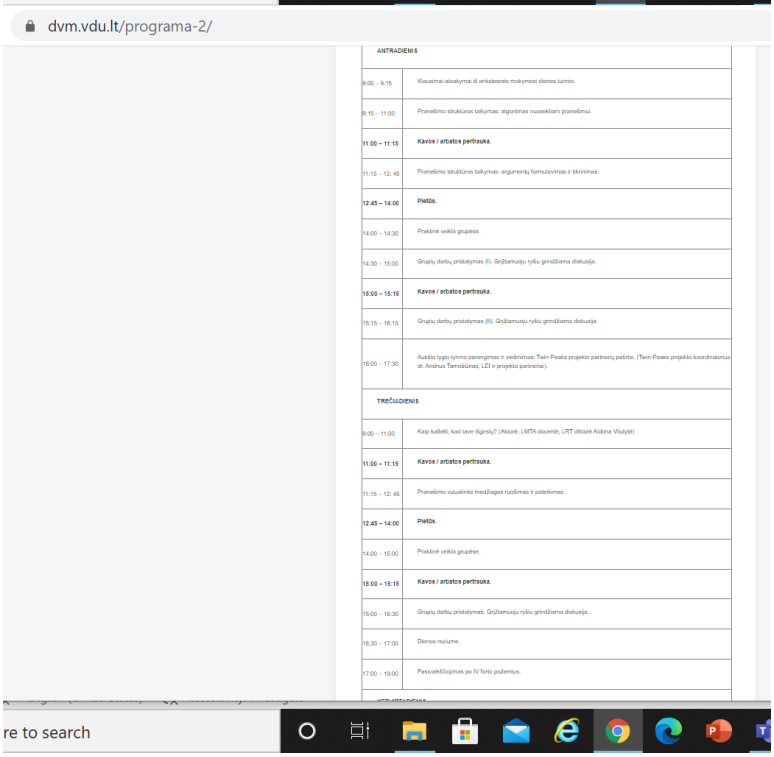
dvm.vdu.lt/programa-2/

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14:30 – 15:00	Grupių darbų pristatymas (I). Grįžtamuoju ryšiu grindžiama diskusija.
15:00 – 15:15	Kavos / arbatos pertrauka.
15:15 – 16:15	Grupių darbų pristatymas (II). Grįžtamuoju ryšiu grindžiama diskusija.
16:00 – 17:30	Aukščio lygio tyrimo parengimas ir viešinimas: Twin-Peaks projekto partnerių patirtis. (Twin-Peaks projekto koordinatorius dr. Andrius Tamošiūnas, LEI ir projekto partnerial).
TREČIADIENIS	
9:00 – 11:00	Kaip kalbėti, kad tave išgirstų? (Aktorė, LMTA docentė, LRT diktorė Aldona Vilutytė)
11:00 – 11:15	Kavos / arbatos pertrauka.
11:15 – 12: 45	Pranešimo vizualinės medžiagos rudimas ir pateikimas.
12:45 – 14:00	Pietūs.
14:00 – 15:00	Praktinė veikla grupėse.
15:00 – 15:15	Kavos / arbatos pertrauka.
15:00 – 16:30	Grupių darbų pristatymas. Grįžtamuoju ryšiu grindžiama diskusija.
16:30 – 17:00	Dienos rezume.
17:00 – 19:00	Pasivaikščiojimas po IV forto požemius.

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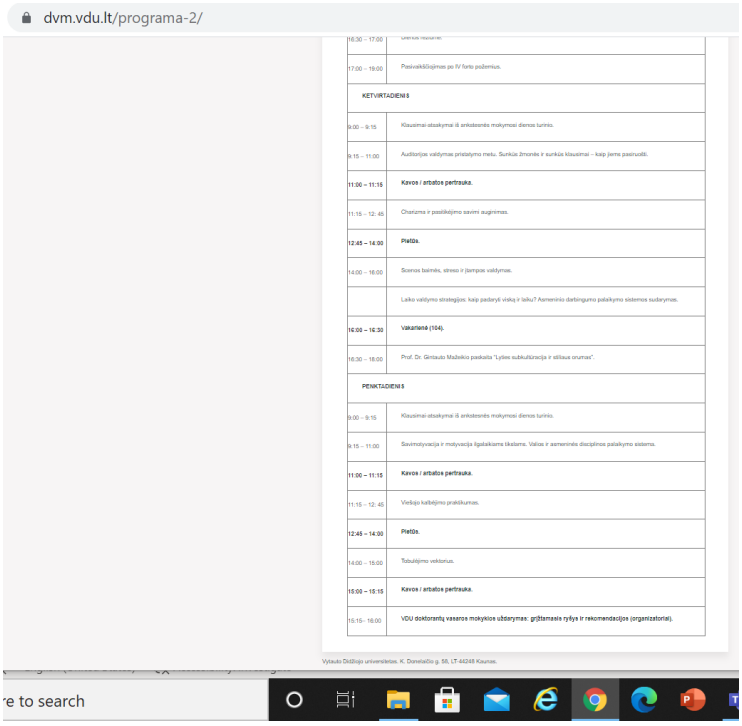
dvm.vdu.lt/programa-2/
16:30 – 17:00
17:00 – 19:00
Pasivaikščiojimas po IV forto požemius.
KETVIRTADIENIS
9:00 – 9:15
Klausimai atsakymai iš ankstesnės mokymosi dienos turinio.
9:15 – 11:00
Auditorijos valdymas pristatymo metu. Sunkūs žmonės ir sunkūs klausimai – kaip jiems pasiruošti.
11:00 – 11:15
Kavos / arbatos pertrauka.
11:15 – 12: 45
Charizma ir pasitikėjimo savimi augininas.
12:45 – 14:00
Pietūs.
14:00 – 16:00
Scenos baimės, streso ir įtampos valdymas.
Laiko valdymo strategijos. kaip padaryti viską ir laiku? Asmeninio darbingumo palaikymo sistemos sudarymas.
16:00 – 16:30
Vakarienė (104).
16:30 – 18:00
Prof. Dr. Gintautė Mažeikio paskaita "Lyties subkultūracija ir stiliaus orumas".
PENKTADIENIS
9:00 – 9:15
Klausimai atsakymai iš ankstesnės mokymosi dienos turinio.
9:15 – 11:00
Savimotyvacija ir motyvacija ilgalaikiams tikslams. Valios ir asmeninės disciplinos palaikymo sistemos.
11:00 – 11:15
Kavos / arbatos pertrauka.
11:15 – 12: 45
Viešojo kalbėjimo praktikumas.
12:45 – 14:00
Pietūs.
14:00 – 15:00
Tobulėjimo vektorius.
15:00 – 15:15
Kavos / arbatos pertrauka.
15:15 – 16:00
VDU doktorantų vasaros mokyklos užbaigimas: grįžtamasis ryšys ir rekomendacijos (organizatoriai).
Vytauto Didžiojo universitetas. K. Donelaičio g. 58, LT-44248 Kaunas.
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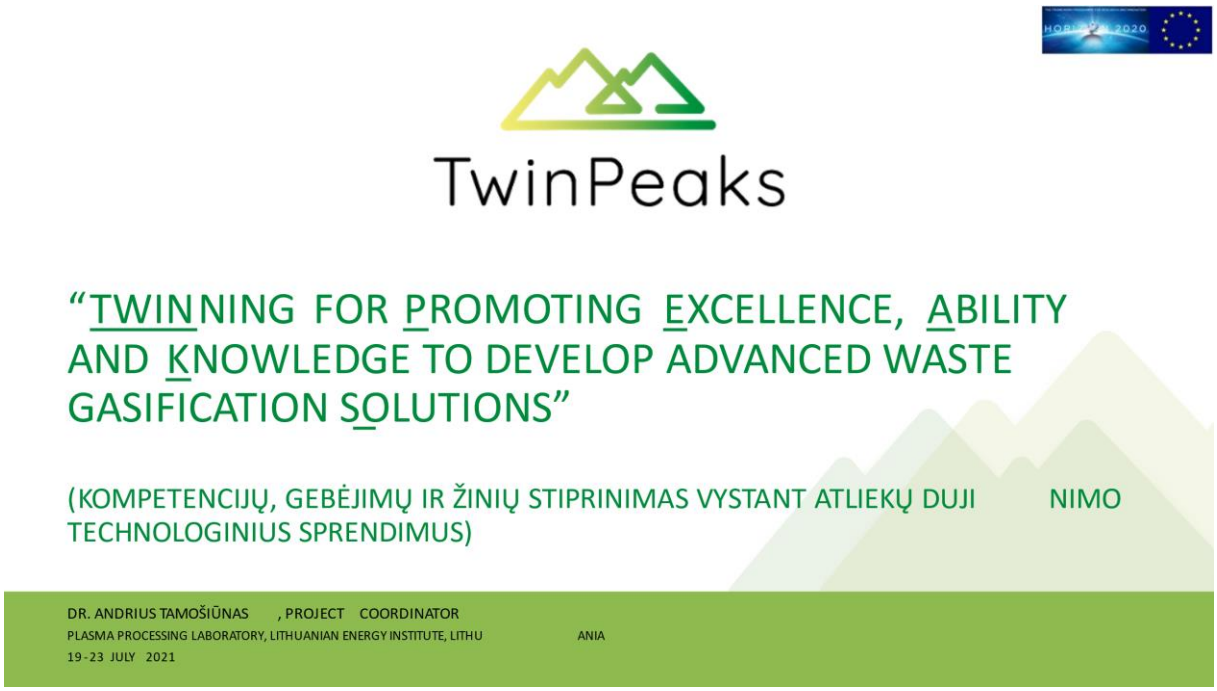
B Presentations given in the slides mode

1st presentation:



CONSORTIUM

Project Coordinator

Project Partners

VYTAUTAS MAGNUS UNIVERSITY

WIP RENEWABLE ENERGIES

Technical University of Munich

CHALMERS

INTERNATIONAL COOPERATION

TwinPeaks

PROJECT DETAILS

- **Call identifier:** H2020-WIDESPREAD-2020-5
- **Project start:** 2021-10-01
- **Project end:** 2023-09-30
- **Project budget:** 899 122,50 EUR (LEI dalis: 262 593,75 EUR)

The project has received funding from the European Union's Horizon 2020 research and innovation Programme under Grant Agreement No 951308

TwinPeaks

TWIN-PEAKS OBJECTIVES:

Overall objective: to establish a research and innovation collaboration between LEI, VMU, TUM, CTH and WIP to raise the scientific excellence, capacities and international reputation of LEI and VMU in advanced waste gasification.

Specific objectives:

1: Develop a joint-research strategy between the TWIN-PEAKS project partners;

2: Apply to research grant programmes together as TWIN-PEAKS project partners;

3: Transfer scientific and soft-skill knowledge and know-how between the TWIN-PEAKS project partners;

4: Build networks of international academic and non-academic partners;

5: Reach out to users and stakeholders to understand needs and co-design solutions;

6: Pool research infrastructure between the TWIN-PEAKS project partners;

7: Tackle gender equality issues at LEI and VMU;

8: Improve research management and administration capacities at LEI.

TwinPeaks

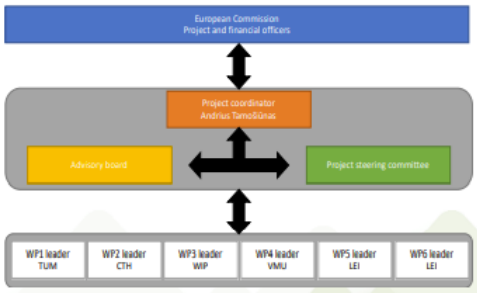
ACHIEVEMENT OF OBJECTIVES:

- Short term staff exchanges;
- On-site or virtual training;
- Conference attendance;
- Dissemination and outreach activities, including organisation of joint summer schools and conferences;
- Joint application for grants;
- Coaching to establish a new research management and administration unit;
- Diversity initiatives to reach gender balance in research and research management roles.

TwinPeaks

WORKING PACKAGES IN TWIN-PEAKS

No.	WORKING PACKAGES	WP leader
WP1	Research strategy development and implementation	TUM
WP2	Staff exchanges and training	CTH
WP3	Dissemination, exploitation and communication	WIP
WP4	Early-stage researchers career development and gender equality promotion	VMU
WP5	Research management and administration capacities development	LEI
WP6	Project management	LEI



TwinPeaks

THANK YOU FOR YOUR ATTENTION!!!

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E-mail: Andrius.Tamosiunas@lei.lt

www.twinpeaks-h2020.eu

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2nd presentation:

Key competencies for scientific practice: Successful scientific presentations

Sebastian Bastek
Chair of Energy Systems
Technical University of Munich (TUM)

Summer School, July 2021

TwinPeaks

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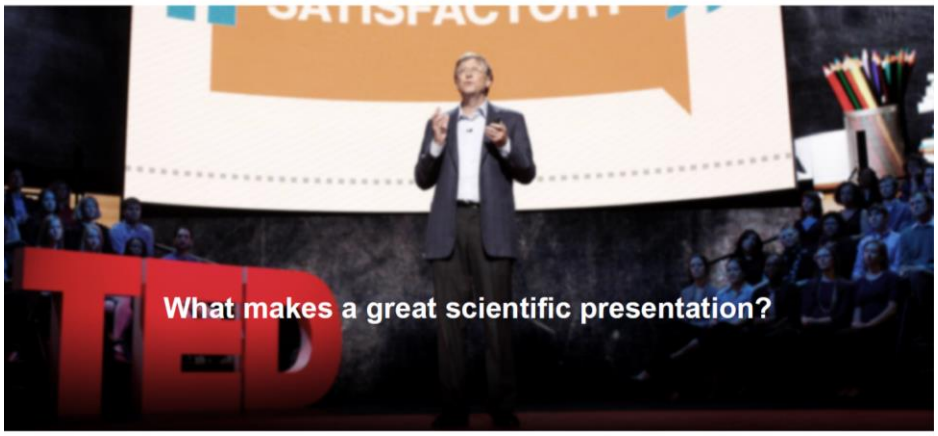
Topics for today

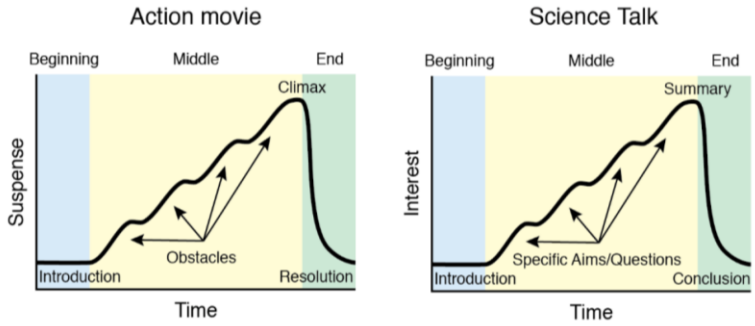
What makes a great scientific presentation?

Preparation
- Objectives
- Structure/narrative
- Visualization

Delivery
- Tone & speech
- Stage fright
- Professional discussions



A great scientific presentation is a great science story with a beginning, middle and end



Sebastian Bastek | Chair of Energy Systems | Technical University of Munich (TUM) Source: Society for Neuroscience 5

Topics for today

What makes a great scientific presentation?

Preparation
- **Objectives & framing**
- Structure/narrative
- Visualization

Delivery
- Tone & speech
- Stage fright
- Professional discussions

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Set yourself objectives for your scientific presentation

„It's like buttoning up a coat: if you start wrong with the first button, everything else will also be wrong."
(Lehmann 2008, S.135)

→ Clearly formulated goals provide guidance for sequence and detail of your presentation

→ What do I want to achieve with my presentation?

→ How do I know that I have achieved my goals?

Sebastian Bastek | Chair of Energy Systems | Technical University of Munich (TUM) 7

Adapt the presentation for your audience

„The bait needs to suit the fish, not the fisherman "
(Garten, 2015)

Important questions:

- What **prior knowledge** does the target group have?
- What **expectations** does the target group have?
- **How detailed** should the content be presented?

➡ The comprehensibility of the presentation **depends on the people listening**!

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Choose and prioritize your contents according to your audience's needs and interests

Core information (= must haves)
- Research question
- Methodology
- Important results
- Conclusions

In-depth information (= nice to have)
- Details on the methods used
- Concrete examples

Supplementary information (= as backups)
- Notes on related topics
- Ongoing developments/advancements

➡ **Avoid the "I-know-it-all" syndrome:** Is all of my content really necessary to achieve my objectives?

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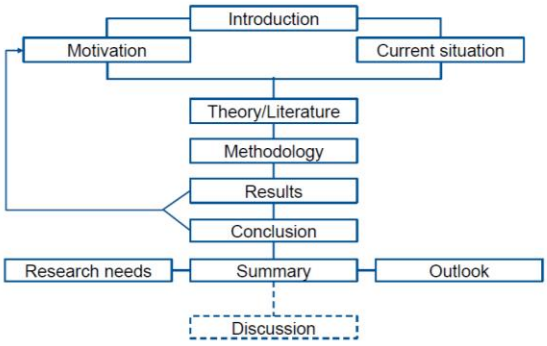
Structure: Scientific presentations often follow the same structure



Sebastian Bastek | Chair of Energy Systems | Technical University of Munich (TUM) Source: Hey 2011 15

Starting off a scientific presentation typically consists of three elements

Welcome and introduction	• Greet and welcome the audience • Short own introduction
The topic and its relevance	• Define the topic and goal of the presentation • Explain the relevance
Introduction of the process	• What should the audience know about the process and agenda? • Inform about the possibility to ask questions

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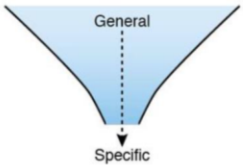
Narrative: Start your talk with the big picture



General
Specific

How can we transform our chemical industry towards a circular economy?

Biomass and waste in conjunction with renewable energy can be utilized to replace fossil fuels as the main chemical feedstock.

Is gasification as a thermochemical recycling technology the best approach to transform biomass and waste into chemical feedstock?

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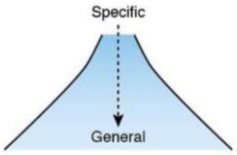
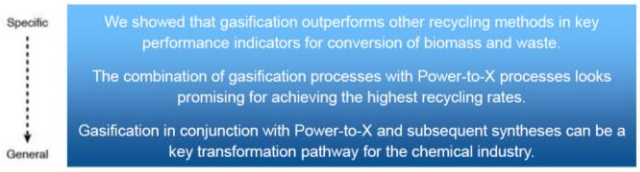
Narrative: End your talk with the big picture





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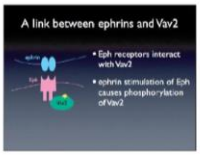
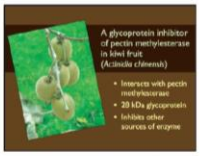
Keep in mind: What is said last usually has the longest lasting effect

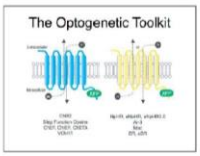
⇨ Briefly summarize your key points

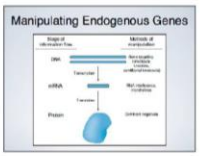
⇨ Formulate 1-3 key take home messages

⇨ End your talk with a summary diagram









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Topics for today

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Sebastian Bastek | Chair of Energy Systems | Technical University of Munich (TUM) 20

Slides have a double function: Giving cues to the presenter, supporting the listeners

While the audience is reading, they are not listening.

- Slides must be easy to read
- Pictures have to be simple and clear
- Each slide has a heading in the form of a statement (= action title)

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Assertion-Evidence slide structure creates efficient slides that are easy to follow

https://www.assertion-evidence.com/templates.html

- Assertion is presented in the heading
- Evidence is shown as the slide's content (pictures, text, tables, graphs, etc.)

Advantages:

- Listeners listen more attentively
- Slides are more easily captured and not overloaded
- Logical structure through key statements
- Focus on essential content, better structure

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U.S. Resource Use

- The United States uses:
  - 42% of all the aluminum produced worldwide
  - 31% of all the petroleum
  - 29% of all the phosphate
  - 27% of all the copper
  - 27% of the nitrogen
  - 25% of the zinc
- Approximately 30% of all resources worldwide

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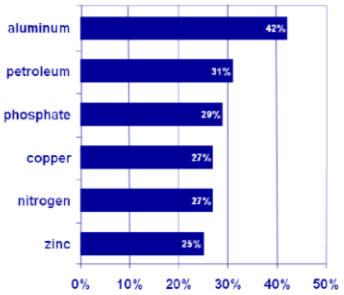
Although the U.S. has 5% of the world's population, we use an average of 30% of all resources



United States use of specific resources (percentage of worldwide use)

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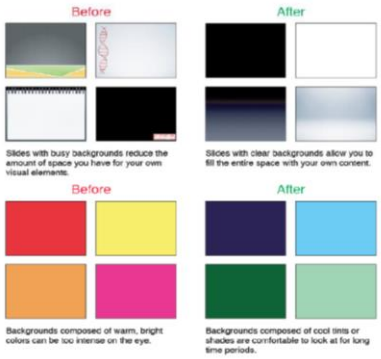
Choose slide backgrounds to optimize foreground content



- Use backgrounds that lack visual content
- Use **white slide backgrounds** in relatively **small rooms** (small classroom, conference room)
- Use a **black slide background** in **relatively large rooms** (such as large lecture hall or presentation hall)

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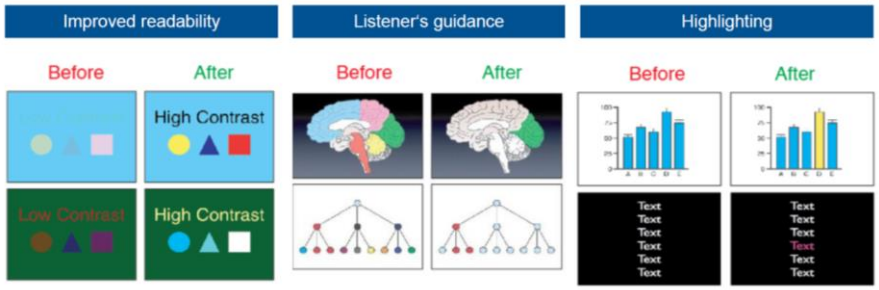
Use color wisely to increase readability, guide the listeners view and highlight key aspects of your slides

Make efficient use of collors for…



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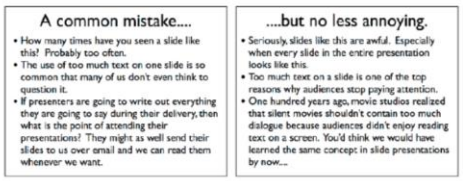
Ensure that all text is easy to read and keep it to a minimum

- Aim for a minimum font size of 18 pts
- Ensure readability from every location in the room
- Use smaller fonts only for citations, footnotes and helper texts
- Use **bold letters** or *italics* for emphasis, it is harder to read underlined words or ALL CAPS



Minimize text usage!

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Topics for today

What makes a great scientific presentation?

Preparation
- Objectives & framing
- Structure/narrative
- Visualization

Delivery
- **Tone & speech**
- Stage fright
- Professional discussions

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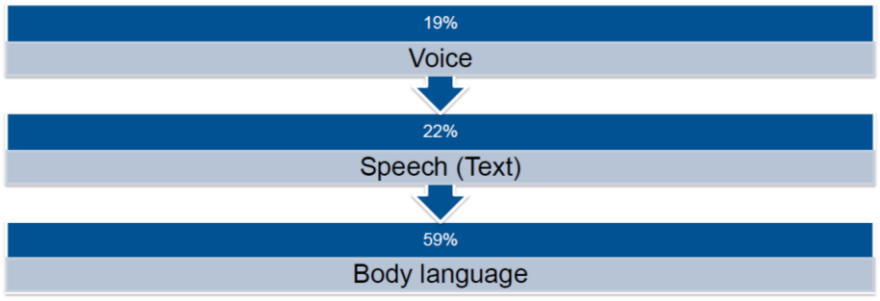
Factors resulting in a convincing presentation: Voice, speech and body language are highly important and build upon another



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Do not memorize the presentation - speaking and writing styles are different

- Shorter sentences
- More verbs
- More idioms
- More explanations
- More redundancy

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Use your voice to structure the presentation

- Take it a little slower
- Vary in volume and tempo
- Lower voices seem more believable
- You can hear where you come from
- Take breaks!

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Also use your body language for digital presentations

- Eye contact
- Smile / friendly facial expressions
- Pay attention to the frame that is being filmed (person and background)
- Stand or sit
- Can you see your hands?
- Note the lighting conditions

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Topics for today

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- **Stage fright**
- Professional discussions

Stage fright is nothing to be afraid of

- Stage fright provides energy
- Your whole body is in an excited state with sharpened senses and ready to perform at the highest level
- The start is often most uncomfortable
- Remember: Perfection is sterile and unsympathetic

Topics for today

What makes a great scientific presentation?

Preparation
- Objectives & framing
- Structure/narrative
- Visualization

Delivery
- Tone & speech
- Stage fright
- **Professional discussions**

Soliciting and answering audience questions in professional discussions

- Consider rephrasing the question in your own words before providing an answer
- Prepare for difficult questions from the audience
- Remain calm and project confidence
- Don't be afraid to say "I don't know" while speculating on an answer
- Offer to talk with the questioner after the Q&A session is over

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Key take-aways

- Define your **objectives**
- Adapt your presentation to your **audience's needs**
- Have a **clear structure**: go from big picture to specifics and vice-versa
- Focus on making your **slides easy to understand** and follow: less is more
- **Rehearse your presentations** to be convincing: in voice, content and body language
- **Stage fright is your friend**
- Lead your **Q&A** sessions with **confidence and humility**

→ **But above all: Be yourself and have fun!**

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The presentation and training material by D. Kraskauskienė was given in hand to each participant. No slides were used for presentations given by G. Mažeikis, A. Vilutytė and dr. A. Pažėraitė, only face-to-face communication and interaction.

C List of the first summer school participants

No.	Name	Surname
1	Rūta	Kembrytė
2	Kotryna	Linauskienė
3	Domantas	Milius
4	Monika	Kelpšienė
5	Jovita	Janavičiūtė
6	Nijolė	Vailionytė
7	Jevgenija	Česnauskė
8	Aida	Skersienė
9	Silva	Katutytė
10	Anna	Pilarczyk-Palaitis
11	Raimundas	Savukynas
12	Agnė	Lisauskaitė
13	Sonata	Čerkauskaitė
14	Vesta	Aleknavičiūtė
15	Justinas	Baleišis
16	Matas	Grubliauskas
17	Monika	Stankienė
18	Irmina	Beneševičiūtė
19	Tadas	Šaulys
20	Gintarė	Leckė
21	Paulina	Amšiejūtė
22	Ingrida	Kazlauskienė
23	Jolita	Ančlauskaitė
24	Miglė	Jakučionytė-Skodienė
25	Giedrė	Kurmilavičienė
26	Ramunė	Grigalevičiūtė
27	Gabrielius Edvina	Klimenka
28	Andrius	Šmitas
29	Urtė	Stulpinaitė
30	Aušra	Bakšinskaitė
31	Dovilė	Galdauskaitė
32	Rūta	Kupetytė
33	Vaiva	Kazanavičiūtė
34	Ramunė	Sližytė
35	Judita	Giparaitė
36	Erika	Juškaitytė
37	Julija	Grigėnaitė
38	Andrius	Puksas
39	Rūta	Repovienė
40	Mindaugas	Aikas
41	Rolandas	Uscila
42	Natalja	Gončiarova
43	Tetiana	Ponomarenko
44	Miglė	Munderzbakaitė
45	Akvilė	Stankutė
46	Aurelija	Ramanauskaitė
47	Žygimintas	Menčenkovas
48	Loreta	Bisikirskienė
49	Dovilė	Grickevičiūtė
50	Laima	Skauronė
51	Simona	Lukošiūtė